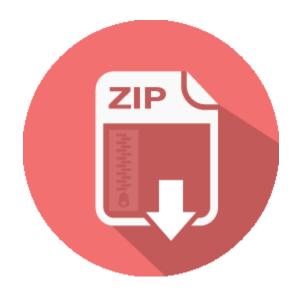
WHY DO I HAVE BACK PAIN



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This sharp pain would usually be located in your mid to upper back and you may possibly experience chest pain. Other Causes of Back Pain when Breathing Injury to the back or ribs may not be the source of your back pain. http://ebookslibrary.club/Why-Do-I-Have-Back-Pain-When-Breathing-November-2018--.pdf

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When we sense pain, we pay attention to our bodies and can take steps to fix what hurts. Pain also may prevent us from injuring a body part even more. If it didn't hurt to walk on a broken leg, a person might keep using it and cause more damage. If your throat is really sore, you'll probably go to the doctor, who can treat the infection if you have one.

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If the pain is constant or there all the time, it isn t a nerve related problem. Because think about it, if it was a muscle pain, like you worked out too hard at the gym, you would have for example lactic acid buildup in the muscles, and it would be there constantly for a few days and then go away. Similarly for a tendon strain or bone fracture it would be there constantly for a few weeks and then resolve. About two weeks for a tendon strain and six to eight weeks to heal a bone fracture.

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If you experiencing back pain of any kind you need to seek the expertise and guidance of your doctor. The following information is not intended to replace the medical advice of your physician. Probably the best thing you can do to improve your sex life if you suffer from back pain is to be treated

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